Role Play Cards



Directions:

Print the role play cards before the session begins. Make 1 copy of each role play and cut each page in half so there is a card for each actor.

Give the role play cards to the volunteer "actors."

Give role play volunteers a few minutes to read over the cards and familiarize themselves with their roles.

Have volunteers "act out" their roles to the group.

Discuss what happened!



Mom is in the kitchen doing dishes, and her daughter is playing quietly with her doll.

Mom: Pretend that you are washing dishes. Your daughter is in the kitchen playing quietly with a doll. Without looking at your daughter, say, "I like how you are playing quietly."

Daughter: Pretend that you are in the kitchen with your mom quietly playing with your doll. When your mom says something to you, don't look up. Continue to play with your doll and pretend that you don't even hear what she said.

Session 1

Positive Solutions for Families: Making a Connection



Mom is in the kitchen doing dishes, and her daughter is playing quietly with her doll.

Mom: Pretend that you are washing dishes. Your daughter is in the kitchen playing quietly with a doll. Without looking at your daughter, say, "I like how you are playing quietly."

Daughter: Pretend that you are in the kitchen with your mom quietly playing with your doll. When your mom says something to you, don't look up. Continue to play with your doll and pretend that you don't even hear what she said.



Grandma is watching TV, and her grandson and granddaughter are playing nicely together.

Grandma: Stops watching TV and looks at the children and says, "Good job."

Grandson and Granddaughter: Look confused and continue playing.

Session 1

Positive Solutions for Families: Making a Connection



Grandma is watching TV, and her grandson and granddaughter are playing nicely together.

Grandma: Stops watching TV and looks at the children and says, "Good job."

Grandson and Granddaughter: Look confused and continue playing.



Dad and son are doing dishes together.

Dad: Looks at son and says, "Thanks for doing such a good job with the dishes and not rushing through like you usually do."

Son: Smiles at first, but then looks down.

Session 1

Positive Solutions for Families: Making a Connection



Dad and son are doing dishes together.

Dad: Looks at son and says, "Thanks for doing such a good job with the dishes and not rushing through like you usually do."

Son: Smiles at first, but then looks down.



Mother and son are playing together with blocks.

Mom: "You are so good at building fences for the cows and horses!"

Son: Smiles and hands mom a horse.

Mom (with enthusiasm): "Wow! Thank you for sharing your horse with me. I like

playing with you!"

Son: Smiles and makes an animal sound in a quiet voice.

Mom: "Thank you for using a quiet voice while your sister takes a nap." She gives

him a hug.

Session 1

Positive Solutions for Families: Making a Connection



Mother and son are playing together with blocks.

Mom: "You are so good at building fences for the cows and horses!"

Son: Smiles and hands mom a horse.

Mom (with enthusiasm): "Wow! Thank you for sharing your horse with me. I like playing with you!"

Son: Smiles and makes an animal sound in a quiet voice.

Mom: "Thank you for using a quiet voice while your sister takes a nap." She gives him a hug.



Mom gets home from work and Dad and daughter are setting the table for dinner.

Dad to Mom: "Ally is such a good helper! She set that half of the table all by herself and played with Madison so I could finish cooking dinner."

Ally: Smiles a big smile.

Mom: Gives Ally a hug and says, "You are such a great helper! I bet you are proud of yourself for setting the table and helping Dad!"

Session 1

Positive Solutions for Families: Making a Connection



Mom gets home from work and Dad and daughter are setting the table for dinner.

Dad to Mom: "Ally is such a good helper! She set that half of the table all by herself and played with Madison so I could finish cooking dinner."

Ally: Smiles a big smile.

Mom: Gives Ally a hug and says, "You are such a great helper! I bet you are proud of yourself for setting the table and helping Dad!"